

ZGEEL 2daagse 26: Session: 3: COACH Evaluation sheet for TEAM: 14-020

Coachinfo: Warming up from: 07:10 untill 08:25.

Teamleadmeeting @ 07:45

The listed starttimes are indicative!

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 14: 100M BACKSTROKE WOMEN 11+

Heat:11, starttime: 08:50

Heat: 11/26 Lane : 3 Athlete: THIELEMAN KENSI

Q-time: 01:18:60

PB (25m pool): 1:18.60 Geel 16 Feb 2025

PB (50m pool): 1:21.52 SB:

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		38.27		1:18.60	
		38.27		40.33	
					

Coach feedback:

Event number: 15: 100M BREASTSTROKE MEN 11+

Heat:2, starttime: 09:25

Heat: 2/20 Lane : 6 Athlete: LINDERS DAAN

Q-time: 01:37:43

PB (25m pool): 1:37.43 Haelen 5 Oct 2025

PB (50m pool): 1:42.89 SB:

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		45.12		1:37.43	
		45.12		52.31	
					

Coach feedback:

Event number: 17: 100M FREESTYLE MEN 11+

Heat:11, starttime: 10:55

Heat: 11/37 Lane : 1 Athlete: LINDERS DAAN

Q-time: 01:10:76

PB (25m pool): 1:10.76 Haelen 5 Oct 2025

PB (50m pool): 1:11.42 SB:

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		33.69		1:10.76	
		33.69		37.07	
					

Coach feedback:

ZGEEL 2daagse 26: Session: 3: COACH Evaluation sheet for TEAM: 14-020

Event number: 17: 100M FREESTYLE MEN 11+					Heat:18, starttime: 11:10
Heat: 18/37 Lane : 2 Athlete: JANSSEN TIBO					Q-time: 01:04:63
PB (25m pool): 1:04.63 Bree (BEL) 21 Dec 2025					PB (50m pool): 1:05.93 SB:
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		31.02		1:04.63	
	31.02		33.61		
					

Coach feedback:

Event number: 18: 100M MEDLEY WOMEN 11+					Heat:11, starttime: 11:55
Heat: 11/33 Lane : 1 Athlete: MANDERS SOPHIE					Q-time: 01:32:70
PB (25m pool): 1:32.70 Weert 16 Nov 2025					PB (50m pool): No time SB:
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB					
					

Coach feedback:

Event number: 18: 100M MEDLEY WOMEN 11+					Heat:12, starttime: 11:55
Heat: 12/33 Lane : 3 Athlete: THIELEMAN KENSI					Q-time: 01:28:91
PB (25m pool): 1:28.91 Bilzen 14 Jan 2024					PB (50m pool): No time SB:
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB					
					

Coach feedback: